

Taglieri

PROSCIUTTO DI PARMA & MOZZARELLA AFFUMICATA
con focaccia* croccante
al rosmarino
LATTE, GLUTINE

14 €

CARPACCIO DI BREASAOLA
con scaglie di Grana Padano,
rucola e olio EVO
UOVO, LATTE

14 €

SELEZIONE DI SALUMI DOP "PODERE CADASSA"
culatello di Zibello,
spalla cotta di San Secondo,
salame Mariola e lardo
LATTE, GLUTINE

15 €

CULATELLO DOP "PODERE CADASSA"
con giardiniera di verdure
GLUTINE, SEDANO

17 €

Insalate

CAESAR SALAD con petto di pollo grigliato*, insalata iceberg, crostini di pan fritto, scaglie di parmigiano e salsa Caesar
GLUTINE, UOVO, LATTE, PESCE

10 €

SALMON SALAD con salmone fresco marinato* con salsa di soia e lime, misticanze, pomodoro ciliegia, crema di avocado e mandorle tostate
FRUTTA A GUSCIO, PESCE, SOIA, GLUTINE

12 €

VEGAN BOWL con zucchine e melanzane grigliate, olive toscane, quinoa, pomodorini confit e olio al basilico
GLUTINE

10 €

Antipasti

BRUSCHETTA* con mortadella e crema di pistacchio
GLUTINE, LATTE, FRUTTA A GUSCIO

8 €

UOVO CROCCANTE con asparagi* e fonduta di parmigiano
UOVO, LATTE, GLUTINE

10 €

TARTARE DI FASSONA PIEMONTESE con limone candito e crumble di pane*
GLUTINE, LATTE, UOVA

10 €

TERRINA DI POLPO*, patate e olive taggiasche
MOLLUSCHI

12 €

Primi

SPAGHETTI con salsa di pomodoro e basilico
GLUTINE

9 €

RISOTTO ALLA MILANESE con polvere di liquirizia
LATTE, SEDANO, UOVO

14 €

TAGLIOLINO di pasta fresca cacio e pepe
GLUTINE, LATTE, UOVO

12 €

CREMA DI PISELLI* con panna acida e crostini di pane* tostate al rosmarino
LATTE, GLUTINE

8 €

RAVIOLI* ALLA MONFERRINA con ragu di manzo e rosmarino
LATTE, UOVO, GLUTINE, SEDANO, SOLFITI, SOIA, FRUTTA A GUSCIO

12 €

Secondi

COTOLETTA* ALLA MILANESE con patate arrosto
GLUTINE, UOVO, LATTE

22 €

FISH AND GREEN filetto di merluzzo* con verdure fritte* pastellate e salsa tartara
PESCE, GLUTINE, UOVO

15 €

BURGER* GOURMET con formaggio cheddar, bacon, pomodoro fresco e misticanze
(servito con French fries in abbinamento) ANCHE CON PANE SENZA GLUTINE
GLUTINE, LATTE, UOVO

12 €

FILETTO DI MAIALE con catalogna e tris di confetture

18 €

Dessert

PANNA COTTA AL CIOCCOLATO
LATTE, PESCE, SOIA

5 €

TIRAMISÙ
GLUTINE, LATTE, UOVO,

5 €

CROSTATINA DI MELE
con crème fraiche
LATTE, UOVO, GLUTINE

6 €

MACEDONIA

5 €

BUSINESS LUNCH

PIATTO DEL GIORNO con acqua e caffè

14 €

Since 1976 the love for simple and artisanal things brings the Maio family to propose a healthy and genuine cuisine, choosing high quality raw materials, coming from the most excellent Italian producers and breeders.

MAIO
BAR & BISTRO

BUON APPETITO!

La Famiglia Maio

Cold Cuts

PARMA HAM & SMOKED MOZZARELLA
served with crispy focaccia*
and rosemary
GLUTEN, MILK
14 €


BRESAOLA CARPACCIO
with Grana Padano cheese,
rocket salad and EVO oil
EGG, MILK
14 €


COLD CUTS DOP SELECTION FROM "PODERE CADASSA"
Culatello di Zibello,
ham from San Secondo,
Mariola salami and lard
GLUTEN, MILK
15 €


CULATELLO DOP "PODERE CADASSA"
served with pickled
vegetables
GLUTEN, CELERY
17 €

COVER CHARGE 2 €


Salad

CEASAR SALAD with grilled chicken breast*, iceberg salad,  **10 €**
croutons*, parmigiano flakes and Caesar sauce
GLUTEN, EGG, MILK, FISH

SALMON SALAD with fresh salmon* flavoured with soy sauce and lime,  **12 €**
mix salad, cherry tomatoes, avocado cream and toasted almonds
NUTS, FISH, SOYBEANS, GLUTEN

VEGAN BOWL with aubergine and squash grilled, Tuscan olives,  **VEGAN** **10 €**
quinoa, dried tomatoes and basil oil
GLUTEN

Starters

WARM "BRUSCHETTA"* with mortadella and pistachio cream  **8 €**
GLUTEN, MILK, NUTS

UOVO CROCCANTE Fried egg with aparagus* and Parmesan fondue **10 €**
EGG, MILK, GLUTEN

PIEDMONT TARTAR FASSONA with candied lemon and bread* crumble **10 €**
GLUTEN, MILK, EGG

OCTOPUS* served with steamed potatoes and taggiasco olives **12 €**
MOLLUSCS

First Course

SPAGHETTI with fresh tomato and basil sauce **VEGAN** **9 €**
GLUTEN

SAFFRON RISOTTO "ALLA MILANESE" with icorice powder **14 €**
MILK, CELERY, EGG

FRESH HOMEMADE "TAGLIOLINO" with cream of Roman pecorino cheese and black pepper **12 €**
GLUTEN, MILK, EGG

CREAM OF PEAS* with sour cream and bread croutons **8 €**
GLUTEN, MILK

HOMEMADE RAVIOLINI* "ALLA MONFERRINA" with beef ragout and rosmarine **12 €**
GLUTEN, MILK, EGG, CELERY, SULPHITES, SOYBEANS, NUTS

Main Course

VEAL CUTLET* "ALLA MILANESE" with roasted potatoes **22 €**
GLUTEN, MILK, EGG

FISH AND GREEN fried cod fish* with fried vegetables* and tartar sauce **15 €**
GLUTEN, EGG, FISH

GOURMET BURGER* with cheddar cheese, bacon, fresh tomato and mixed salad **12 €**
(paired with French fries*) **ASK FOR GLUTEN FREE BREAD**
GLUTEN, MILK, EGG

FILET OF PORK with cooked catalonia chicory and three jams **18 €**

Dessert

CHOCOLATE PANNA COTTA
MILK, FISH, SOYBEANS
5 € 

TIRAMISÙ
GLUTEN, MILK, EGG
5 € 

APPLE TART
with crème fraiche
GLUTEN, MILK, EGG
6 €

FRUIT TARTAR
5 € 

BUSINESS LUNCH

TODAY'S SPECIAL, mineral water and coffee

14 €

* Some of the ingredients might be frozen

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